Inspiring career planning using the ASVAB Career Exploration Program (CEP)

The ASVAB CEP promotes career literacy through personalized career exploration, awareness of career-field entry requirements, and future-oriented planning tools that help students develop an action plan they can share with parents and educators.

The ASVAB CEP is more than a Military test; it’s about understanding options. The ASVAB, just one part of the ASVAB CEP, assesses academic ability and predicts success in a variety of career fields, offering a unique opportunity for all students to learn about themselves, whether they’re interested in pursuing post-secondary education, work-based learning, or the Military.

The Department of Defense sponsors the ASVAB CEP with a two-part mission: to provide a career exploration service to American youth and provide qualified leads to Military recruiters*. Participants have no obligation to talk to a Military recruiter or enter Military service. However, students in 11th grade and beyond can use their scores to consider enlistment if they choose.

* Schools determine whether or not information is released to military recruiting.

Take the ASVAB  >  Attend a Post-Test Interpretation  >  Use the planning tools

Students gain access to career planning tools when they receive their ASVAB scores. Participating in a Post-Test Interpretation is the best way for students to get the most out of the ASVAB CEP.

No Cost. No Commitment.
## ASVAB CEP Features

The ASVAB is only the first part of the ASVAB CEP. This heavily researched aptitude test measures students’ developed strengths, skills, and potential for success in training. The test results facilitate career planning, regardless of students’ post-secondary plans.

### Start by taking the ASVAB

All students in 10th grade and above are encouraged to participate. Participation in the ASVAB CEP is ALWAYS voluntary. The test is available in two formats, paper and pencil and computer adaptive.

### After taking the ASVAB, students should attend a guided session to:

- Receive ASVAB score explanation.
- Complete activities to understand work-related interests and values:
  - Based on John Holland’s widely accepted theory of career choice, the Find Your Interests (FYI) inventory asks questions about the kinds of activities students like or dislike to reveal their strongest interest areas.
  - The Work Values: Situational Judgment Activity helps students determine the aspects of work that are important to them.
- Discover potentially satisfying career fields that correspond with their skill-interest profile using the OCCU-Find, a database containing relevant, reliable occupational data.
- Explore the many ways to gain career-field entry by reading about careers best-suited for them in the OCCU-Find.

## How the ASVAB CEP Works for You

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Schools determine if and when military recruiting services receive students’ ASVAB results and communicate the selected score release option with parents. If parents prefer a different score release option, they can download, complete and submit the appropriate opt in/out form from asvabprogram.com/general-resources.

Students in 11th grade and beyond can use their score to explore enlistment options.

Career exploration is an ongoing process. Students consider their options, set goals, and make career plans using ASVAB CEP tools:

- **My Portfolio**: Students create a resume containing personal accomplishments and career goals that can be shared with counselors and parents.
- **My Educational and Career Plans**: Encourages students to make initial career plans and evaluate current and future opportunities for training.
- **My Coursework Planner**: Helps students determine coursework requirements for career field entry.
- **Classroom Activities**: Integrates into any curriculum and engages students in ongoing career exploration.
- **CareersInTheMilitary.com**: Allows students to discover extensive details about military career opportunities across all Service branches, their Service-specific ASVAB line scores, and easily contact a recruiter from any Service.